



Drivers

Challenge Dates: January 15th – March 12th, 2018

- 8 Week Program
- Two Jackpots – one for Male winners and one for Female winners. If we do not have at least 5 participants for each gender, we will combine the jackpots into one and only have one 1st, one 2nd, and one 3rd place winner.

Cash Prizes

- **Females** (must have 5 females to have separate jackpot)
 - 1st Place Individual wins 50% of the Jackpot
 - 2nd Place Individual wins 30% of the Jackpot
 - 3rd Place Individual wins 20% of the Jackpot
- **Males** (must have 5 males to have separate jackpot)
 - 1st Place Individual wins 50% of the Jackpot
 - 2nd Place Individual wins 30% of the Jackpot
 - 3rd Place Individual wins 20% of the Jackpot

One Time Entry Fee from each participant of \$10.00 – (goes into the Jackpot)

- See instructions below to submit fee
- This entry fee is non-refundable

Bennett International Group will contribute a total of \$500. All money collected will be split evenly in both Jackpots (male and female).

Competition Goal

- The winners will be the individuals that lose the highest percentage of weight in the 8-week period.
- To find out your percentage of weight loss, you divide your weight loss (in pounds) by your original starting weight.

EXAMPLE:

- A 300 pound individual who loses 30 pounds has lost 10%
- A 190 pound individual who loses 25 pounds has lost 13%
- The winner of these two individuals would be the 190 pound person who lost 13%

• All participants who lose weight will be recognized with their name included on our emailed announcement; on Bennett Today; DriversIG; and will receive a certificate of achievement. If you wish to not be recognized, please let the Settlements Department know.

• For all **Company Driver employees** who are insured by Bennett's medical insurance and are participating in our **Employee Wellness Program**: Please remember if you lose 5% or more of your initial body weight during the challenge, this will qualify for a completed Wellness Challenge.

Rules of the Competition

Contact the Settlements Department to sign up by **Friday, January 12th, 2018**.

- Participants must have their beginning and ending weight validated. Initial weigh-in completed on “Official Weigh-In Form” (found on DriversIG) must be faxed or scanned to **OnSite Health Solutions (OHS)** no later than **Monday, January 15th, 2018** to qualify for the contest. OHS’s fax # and email address can be found on Weigh-In form. All information will be kept confidential.

- In order to maintain the integrity of the challenge, both weigh-in forms are required to be assessed by a professional – some examples include: a gym, doctor’s office, Weight Watchers (if you are already a member), the health department, or fire department.

- Individual’s entry fee of \$10.00 will be placed in the jackpot. Money is due no later than **January 12th, 2018**. **If your entry fee is not received by this date, you will be removed from the participant list.**

You can pay your fee through a settlement deduction by contacting the Settlements Department, or

- If mailing in your fee, please make payable to Bennett International Group and mail to:
Bennett International Group, LLC
PO Box 569, McDonough, GA 30253
Attention: Human Resources

- Final weigh-in will be on **March 12th**. Again, your weight must be validated on March 12, 2018 on the Official “Weigh-In Form”. The form can be found on DriversIG, or you can contact Beth McCard at beth.mccard@bennettig.com, or call 1-800-866-5500, ext. 7504 and she can fax or scan a copy to you. The final weigh in completed on Official “Weigh-In Form” must be faxed or scanned to OnSite Health Solutions no later than **Wednesday, March 14th, 2018**. OHS’s fax number and email address can be found on Weigh-In form.

- Winners will be announced on DriversIG!

Good Luck and Healthy Eating!!!!